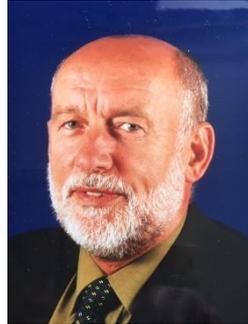




**Bernard Mallows MBE  
1940-2020**



South and West Wales Safety Group were deeply saddened to hear of the recent passing away of Bernard Mallows MBE.

Bernard was a much respected Vice President of the Group and known to the safety community in South Wales and beyond. He was a member of our Safety Group for forty years, during which time he was the Secretary, Chairman, Vice President and also served on the awards committee

He was always supportive of safety groups, encouraging membership and attendance at events and meetings. South and West Wales Safety Group would not be the success that it is now without the efforts and hard work that Bernard put in. He was such an inspirational member and Vice President of our group that in 2019 we named our Wellbeing award shield in honour of him.

He started his career as an analytical chemist in the steel and aluminium industries before progressing into Health and Safety and eventually becoming the Director of Health and Safety in Cardiff University.

Retirement did not end his involvement with his chosen profession. He became a consultant and trainer and continued his involvement and work with our Safety Group.

Bernard mentored, trained and helped so many in his working life and in retirement and many owe their career development to him. It was not only his expertise in safety matters that he was known, respected and admired for, it was his ability to put people at ease in training and in social activities. He was the fun loving quiz master of our annual quiz for forty years and it was

because of his style and mannerism that they were so well attended with often ten or more teams. The safety shield was fiercely contested by participating teams but Bernard had the skills and humour to make the evening such a fun event and we all learnt something new every year - embarrassingly often in the health, safety and fire rounds - including teams from the Health and Safety Executive as he humorously always pointed out.

At our annual awards dinner Bernard was the master of ceremonies making the evening a really memorable one with money raised for charity. This was due to the way he organised our raffle and then auctioned some prizes he chose at random and teasing more out of the bidders. If you wanted someone to sit by you at the dinner it was Bernard.

He was much respected by the HSE for his work and the way he managed Health and Safety in the workplace and for the advice he gave to fellow practitioners in other industries and sectors. He was awarded an MBE in 1989 for his services to Health and Safety.

A keen sportsman and follower of most sports, in particular Rugby Union and Association Football and a seasoned, loyal follower and supporter of Swansea City AFC, he played football in the Welsh League, not an easy league to play in but really a tough and a semi-professional one. He did this up until the age of forty.

He was a family man and his family meant everything to him, a devoted husband to Sandra and father to Andrew and Nicola, a much loved father-in-law, grandfather, great grandfather, brother and brother-in-law and uncle.

In recent years though sadly his health had declined, he remained a true gentleman throughout his illness.

Our deepest sympathy and condolences are extended to his wife Sandra and family. He will be sadly missed by his friends and colleagues in South and West Wales Safety Group.

*Phill Jones*  
*Chairman*  
*South and West Wales Safety Group*